

Justin A. D'Arienzo, Psy.D., MSCP, ABPP

Board Certified Clinical Psychologist

Clinical, Forensic, and Business Psychology

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Jacksonville, Florida 32217

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904-379-8094

Professional Education:

Fairleigh Dickinson University

Post-Doctoral Master of Science in Clinical Psychopharmacology, 2024-2026

Pensacola Naval Hospital, Pensacola, FL

Clinical Psychology Residency, 2004-2006

Joint Task Force, Guantanamo Bay, Cuba

Clinical Psychology Residency, 2005

Naval Medical Center Portsmouth, Portsmouth, VA

Clinical Psychology Internship, 2003-2004

Nova Southeastern University, Fort Lauderdale, FL

Doctor of Psychology, Clinical Psychology, 2004

Master of Science, Clinical Psychology, 2001

University of North Florida, Jacksonville, FL

Bachelor of Arts, Psychology, 1997

Furman University, Greenville, SC

1991-1993

High School Education:

Bishop Kenny High School, Jacksonville, FL

1988-1991

St. Xavier High School, Cincinnati, OH

1987-1988

Certifications/Specialty Training:

Psychopharmacology Exam for Psychologists (PEP) (2026)

Post-Doctoral Master of Science in Clinical Psychopharmacology, Fairleigh Dickinson University (2026)

National Register Health Service Psychologist (ID: 68292) (2026)

Florida Psychological Association (FPA) Leadership Training (2024)

Interjurisdictional Practice Certificate, PSYPACT (TAP 4807) (2023)
 Authority to Practice Interjurisdictional Telepsychology, PSYPACT (2022)
 Certificate of Professional Qualification in Psychology (2020)
 Advanced Child Custody Training, American Academy of Forensic Psychology (2015, 2010)
 Florida Forensic Examiner Training (2014)
 Certified Family Mediator (24407F), Supreme Court of Florida (2010)
 Neurofeedback in Clinical Practice Training, EEG Spectrum International (2010)
 Qualified Parenting Coordinator (2009)
 Board Certified Clinical Psychologist, American Board of Professional Psychology (2007, 6411)
 Level II Eye Movement Desensitization and Reprocessing (EMDR) Clinician (2007)
 Surface Warfare Medical Department Naval Officer, Qualified (2007)

Professional Licenses:

Oregon Licensed Psychologist (4242), September 16, 2026 to present
 New York Licensed Psychologist (027105), March 05, 2025 to present
 New Mexico Licensed Psychologist (PSY-2023-0074), May 30, 2023 to present
 Texas Licensed Psychologist (39518), August 16, 2022 to present
 Alaska Psychologist Courtesy License (182147), September 16, 2021-2022
 Arizona Licensed Psychologist (PSY-5373), April 14, 2021 to April 14, 2023
 Alaska Emergency Courtesy Psychologist License, October 13, 2020 to February 13, 2021
 Florida Licensed Psychologist (PY 7397), October 06, 2006 to present
 Alabama Licensed Psychologist (PSY 1347), May 13, 2005 to October 1, 2007

Professional Memberships (Past and Present):

International Association of Security and Investigative Regulators, Industry Member
 International Association of Chiefs of Police, General Associate Member
 American Academy of Clinical Psychology, Fellow
 American Board of Professional Psychology, Diplomate
 Florida Psychological Association, Executive Board Member
 American Psychological Association, Member (Member of Division 55: Society of Prescribing Psychology; 2023 to present member of Division 42: Psychologists in Independent Practice)
 Jim Moran Institute, Small Business Executive Program, Alumni
 Vistage Florida, CEO Member
 Association for Psychological Science, Member
 Association of Family and Conciliation Courts (AFCC), Member
 National Alliance of Professional Psychology Providers (NAPPP), Founding Member

Community Boards:

Psychologists of Florida Political Action Committee (PAC)
 Chair (2023 - present)
 Florida Psychological Association
 Executive Board Member (2026-present)
 AI Task Force (2026-present)
 Forensic Division Chair (2022-2025)
 Public Education Committee Member (2023-2025)
 Jewish Family and Community Services

Executive Board Member (2020-2023)
 Roman Catholic Diocese of St. Augustine Review Board (DRB)
 Board Member (2019-present)

Professional Experience:

D'Arienzo Psychology, Jacksonville, Florida

President, Private Psychology Practice, September 2008 to Present

- Management of up to a 13-provider practice.
- Clinical, Forensic and Industrial/Organizational Psychological Services
- Specialties include executive coaching; employment selection; law enforcement and armed guard evaluations; psychopharmacological consultation; family, parenting, and divorce-related issues; forensic evaluations; court-martial; psychological assessment and testing; court testimony; consultation; individual and couples psychotherapy; military psychology; online course developer and instructor.

Brooks Rehabilitation Hospital, Jacksonville, Florida

Lead Psychologist, Brain Injury Program, August 2008 to December 2008

- Provided clinical and neuropsychological services to patients and families.
- Research team member. Improving Outcomes in Acute Rehabilitation for TBI Using Practice-Based Evidence

USS Kitty Hawk Aircraft Carrier (CV-63), Forward Deployed Naval Forces, Yokosuka, Japan

Head of Mental Health Division, Medical Department, September 2006 to August 2008

- Sole licensed mental health provider for 12,000 service personnel and DOD contractors (Carrier Strike Group and Air-Wing)
- Led inpatient and outpatient psychiatric/psychological care clinics
- Head of Substance Abuse Rehabilitation Program
- Sole Psychological/Psychiatric Asset and Consultant to Commanders and Senior Medical Officer

Naval Air Technical Training Center (NATTC) Medical Clinic, Naval Air Station, Pensacola, FL

Head of Behavioral Health Unit, January 2006 to August 2006

- Led Outpatient Behavioral Health Clinic for 5,000 DOD students and staff
- Behavioral Health Consultant to Marine Corps and Navy School Commanders
- Chairman of the Provider Wellness Committee Charter/ Impaired Provider Program
- Exceeded Productivity Benchmark by 55%.
- Hand selected as a contributor to DOD wide conference to develop the curriculum for military and civilian psychologists who will be trained by the Center for Deployment Psychology

Joint Task Force (JTF), Detainee Behavioral Health Services, Guantanamo Bay, Cuba

Director of Psychology Service and Deputy Chief of Behavioral Health, June 2005 to January 2006

- Provided outpatient and inpatient psychiatric care to over 500 detainees
- Joint Medical Group's Liaison to Command Operations

- Behavioral Consultant to Camp Operations Commander
- Behavior Modification Instructor to medical staff and detention guards
- Behavioral Health Staff Training Coordinator
- Psychiatric Emergency Watch Officer
- Florida Psychology Resident/Alabama Licensed Psychologist

Naval Hospital Pensacola (NHP), Pensacola, FL, Mental Health Department

Psychology Resident/Staff Psychologist/Mental Health Department Division Officer, August 2004 to June 2005

- Consult and Liaison Division Officer
- Incident Command Human Services Director
- Senior Watch Bill Officer
- Psychiatric Emergency Watch Officer
- Mental Health GME Faculty Member

Naval Medical Center Portsmouth (NMCP), Portsmouth, VA, Psychology Department

Psychology Intern, July 2003 to July 2004

- Intern Class Adjutant
- Clinical Outpatient, Psychiatric Inpatient, Assessment and Psychological Testing, and Health Psychology Rotations

Broward Psychological Associates, Inc., Hollywood, FL

Psychometrician, February 2002 to January 2003

- Provided intellectual and personality assessments for vocational rehabilitation benefits
- Assessments included: MMPI-2, WAIS-III, Bender-Gestalt, House-Tree-Person, TAT, Rotter Sentence Completion, and behavioral observations

Veterans Affairs Medical Center, Miami, FL, Acute Psychiatric Unit

Practicum Student, April 2002 to August 2002

- Provided individual and group psychotherapy
- Conducted process and computer based cognitive-behavioral intervention groups

Veterans Affairs Medical Center, Miami, FL-Spinal Cord Injury Unit

Practicum Student, September 2001 to August 2002

- Provided individual psychotherapy and psychological evaluations
- Conducted process and psycho-educational groups concerning pain management and relaxation training

Guided Self Change, Nova Southeastern University Community Mental Health Center, Ft. Lauderdale, FL

Practicum Student, August 2000 to September 2001

- Provided assessments and individual motivational interviewing psychotherapy
- Client population consisted of DUI referrals, college students, and general public
- Clients sought treatment for substance abuse, gambling, and smoking cessation

One Stop Program, Conte Correctional Facility, Pompano, FL

Nova Southeastern University and Conte Facility Liaison, June 2000 to July 2001

- Conducted inmate assessments for substance abuse, domestic violence, and psychopathology
- Served as co-therapist in treating inmates with history of substance abuse and domestic violence

Gateway Community Services, Jacksonville, FLAdolescent Addictions Counselor, 1997 to 1999

- Conducted group and individual sessions
- Led didactic, Rational Emotive Therapy, recreational, and smoking cessation groups

Diocese of St. Augustine, FloridaPeer counselor, 1997 to 1999Young Adult Substance Abuse Support Group, Jacksonville, FLVolunteer, 1995 to 1999

- Initiated and facilitated substance support group for young adults

Children's Crisis Center, Jacksonville, FLPracticum Student, 1995 to 1996

- Case managers' assistance
- Observed and documented interviews
- Reviewed and summarized reports

Team--Drug and Alcohol Recovery Center, Jacksonville, FLPracticum Student, 1993

- Assisted in developing treatment plans, program, and half-way house.
- Oversaw clients' daily activities

Other Work-Related Experience:Nova Southeastern University, Residential Life Program, Ft. Lauderdale, FLResident Advisor, 1999 to 2002

- Provided crisis intervention for graduate residents
- Developed and facilitated educational, social, and service oriented events for students
- Provided supportive counseling and mediation for residents
- Chairperson for Graduate Resident Student Association

Nova Southeastern University, Center for Psychological Studies, Ft. Lauderdale, FLGraduate Assistant/Fitness Center Coordinator, June 2002 to June 2003

- Managed facility
- Provided fitness and nutrition information to staff and students
- Responsible for generating and facilitating membership drives

Publications, Various Articles, and Research:

D'Arienzo, J. A (2023), *How Not To F*CK Up Your Life: The Art & Science of Finding And Being The Right Partner To Create A Lasting, Happy Relationship*. Jacksonville, Florida: D'Arienzo Psychology.

D'Arienzo, J. A (2023), *How Not To Ruin Your Life: The Art & Science of Finding And Being The Right Partner To Create A Lasting, Happy Relationship*. Jacksonville, Florida: D'Arienzo Psychology.

D'Arienzo, J. A (2023), *30-Day Divorce Recovery Challenge. 30 Simple Psychological Science Based Activities That Will Help You Rediscover Yourself*. Jacksonville, Florida: D'Arienzo Psychology.

D'Arienzo, J. A (2023), *30-Day Relationship Breakup Recovery Challenge: 30 Simple Psychological Science Based Activities That Will Heal Your Heart and Help You Rediscover Yourself*. Jacksonville, Florida: D'Arienzo Psychology.

D'Arienzo, J. A (2023), *30-Day Anger Management Challenge: 30 Simple Psychological Science Based Activities That Will Improve Your Anger and Your Life*. Jacksonville, Florida: D'Arienzo Psychology.

D'Arienzo, J. A (2023), *Love Fest 30-Day Relationship Challenge: 30 Simple Psychological Science Based Activities for Improving Your Partnership*. Jacksonville, Florida: D'Arienzo Psychology.

D'Arienzo, J. A (2023), *Understanding, Preventing, and Managing Sexual Harassment: A Primer for Human Resources and Businesses*. Jacksonville, Florida: D'Arienzo Psychology.

D'Arienzo, J. A., (2019), *Solution focused application approach. Introduction to group therapy: A practical guide*. (pp. 174-176) New York City, New York: Routledge

D'Arienzo, J. A., (2017), *Post traumatic stress disorder with combat veterans using cognitive behavioral therapy*. In S.S. Fehr (2nd Ed), *101 Interventions in Group Therapy*. New York: Routledge Press.

D'Arienzo, J. A. (2008), *Stress inoculation training for trauma and stress related disorders*. In S. S. Fehr (Ed), *101 Interventions in Group Therapy*. New York: Haworth Press.

D'Arienzo, J. A. (2008), *Hardiness enhancement: a pathway to resilience*. In S. S. Fehr (Ed), *101 Interventions in Group Therapy*. New York: Haworth Press.

Various articles printed in Yokosuka Seahawk and the KITTY HAWK FLIER from 2006-2008 to include:

- Psychological strategies for managing deployment.
- Supercharge your holiday spirit.
- How important is attitude?
- The shock and awe of returning to family life.
- Redefining your new year's resolutions.

The science of love.
 Catching bees with honey.
 Stockholm syndrome...what is it and how does it work?
 Money matters.
 Unraveling the secret
 A full life.
 Suicide and the military: is Christmas a factor?
 How is my drinking?

D'Arienzo, J. (2006). "Family Strategies for Coping with Deployment," Naval Hospital Pensacola's Medicine Cabinet.

D'Arienzo, J. (2004) "Hurricane Recovery and PTSD," Naval Hospital Pensacola's Medicine Cabinet.

Fehr, S. and D'Arienzo, J. (2003). "Group Psychotherapy Abroad" A chapter published in *Het Handboek voor Groeps Psychtherapie in Nederland* (The Handbook for Group Psychotherapy in the Netherlands).

Toll, B., Sobell, L., D'Arienzo, J., Sobell, M., & Eickleberry-Goldsmith, L. (2003) What Do Internet-Based Alcohol Treatment Websites Offer? *Cyber Psychology & Behavior*, 6(6), 581-584.

Research Assistant to Dr. Scott Fehr, Psy.D., in the formulation of *Introduction to Group Therapy: A Practical Guide, Second Edition*, (2003).

Leone, C., & D'Arienzo, J. (2000). Sensation-seeking and differentially arousing television commercials. *Journal of Social Psychology*, 140(6), 710-720.

Research Assistant to Lawrence M. Kriesberg, M.S., P.A., Psychotherapist, for Post Traumatic Stress Disorder depositions (2002).

Directed Study-Nova Southeastern University, Center for Psychological Studies, 2002.
 Maintaining Abstinence in Alcoholics Anonymous through Sponsorship: The Powerful Influence of Altruistic Behavior (Unpublished).

Honors Thesis—University of North Florida, Department of Psychology, 1996-1997. The Differing Effects of Extroversion and an Advertisement's Level of Arousal on Persuasion.

Presentations/Training Provided by Dr. D'Arienzo:

"Setting the Standard for Armed Security Psychological Screening: Valid, Accountable, Affordable. Lessons Learned and Recommendations to Regulators and Industry Leaders after Conducting 6,000+ Guard Evaluations," Global Security Exchange Convention (GSX and ASIS), September 16, 2026, Atlanta, Georgia

“Burnout to Bandwidth: Evidence-Based Psychology for Entrepreneurs and Executives.” Jim Moran Institute for Global Entrepreneurship, January 2026.

“Setting the Standard: Best Practices in Psychological Testing for Armed Security Personnel” at the International Association of Security and Investigative Regulators (IASIR), 2025 Convention in Kansas City, Missouri.

“Benefits of Being a PsyPACT Provider: Extending Your Reach & Enhancing Continuity of Care.” Florida Psychological Association’s Annual Convention, September 2025.

“Perspectives on Prescriptive Authority for Psychologists in Florida.” Florida Psychological Association’s Annual Convention, September 2025.

“Public Safety Psychological Testing for Armed Guards.” Associated Security Services and Investigators of the State of Texas (ASSIST) annual convention, September 2025.

“How Not to Ruin Your Life...or Your Marriage: An Evolutionary Psychological Perspective on Mate Selection” for Four Rotary Groups in Jacksonville, Florida, April to May 2025.

“Team Building and Performance Psychology” for Episcopal High School Lacrosse Varsity Team, March 10, 2025 and May 3, 2025.

“Navigating the Retirement Transition: Psychological Insights & Strategies.” Pat Kilbane, Wealth Advisor at Ullmann Wealth Partners and Dr. Justin D'Arienzo, Psychologist, D'Arienzo Psychology, March 10, 2025

“Leveraging Psychology to Enhance Work and Personal Performance.” Northeast Florida Chapter, Association for Talent Development, September 18, 2024.

“Toxic Stress & Trauma Responsive Courts.” The Office of the State Courts Administrator, The Florida Bar Family Law Section, Regional Trauma Family Courts Training. Duval County Court House, Jacksonville, Florida, November 16, 2023.

“Resiliency and Self-Care Technology”. The Office of the State Courts Administrator, The Florida Bar Family Law Section, Regional Trauma Family Courts Training. Duval County Court House, Jacksonville, Florida, November 16, 2023.

“Sports and Performance Psychology: Living in the Eye of the Storm On and Off the Court.” Eagle Harbor Tennis Club, September 14, 2023

“Social Investigation and Parental Fitness Evaluations Training,” D'Arienzo Psychology, June 13, 2023.

“Best Practices in Psychological Testing for Armed Security Personnel.” Blue Cross/GuideWell Corporate Security Leadership Conference, Orlando, Florida, May 1, 2023.

“Building Emotionally and Cognitively Healthy Children.” San Jose Episcopal Parent Association, April 20, 2023.

“Reunification Training and High Conflict Divorce.” D'Arienzo Psychology, March 3, 2023.

“Collaborative Law and Mediation in Family Law” Panelist for the 2022 Bench and Bar Conference Presented by the Judicial Relations Committee of the Jacksonville Bar Association, May 20, 2022.

“Coping with Test Anxiety like High Performers,” Episcopal High School, May 5, 2022.

“Social Investigations and Parenting Plans Training” at D'Arienzo Psychology, September 30, 2021.

“Science of Mate Selection,” West Jacksonville Rotary Club, March 24, 2021.

“Expect Resiliency, COVID-19”, Keller Williams Realty, December 14 and 21, 2020.

“Mental Health, the Adolescent Brain and Talking to a Friend in Need,” Bolles High School, November 1, 2019 (Presentation to the 400 Bolles male high school students).

“High Conflict Co-Parenting,” Florida Law Advisory Group, August 9, 2019.

“Personality Style (MBTI) and Respect,” St. Matthews Catholic School, April 17, 2019.

“Forensic Psychological Testing 101 for Lawyers and Mediators” Jacksonville Bar Association, October 16, 2018.

“Understanding Work Styles with the MBTI,” Florida Blue, December 2017.

“Helping Clients Navigate Effectively Through the Emotional Process of Divorce,” Jax Bar Family Law CLE, June 22, 2017.

“Boomer Divorce. An Overview of Psychological Assessment of Older Adults with Diminished Capacity and What Attorneys Need to Know,” Jax Bar Family Law CLE, June 22, 2017.

“Parental Mobility and Relocation Evaluations,” Seventh Circuit Florida Law Advisory Group, April 7, 2017.

“Life Coaching, Psychological Practice and the Meyers Briggs Assessment,” Ponte Vedra Beach Garden Clubs, March 14 and 16, 2017.

“Daubert,” The Florida Family Law Inn of Court, January 19, 2017.

Psychological Panel Expert for the Family Law Division, American Inns of Court, November 17, 2016.

"The Science Behind Building Strong, Confident, and Resilient Children. The Truth About Grit" Parent Association Annual Seminar, San Jose Episcopal Day School, October 4, 2016.

"The New Premise of 50/50: Should You Really Split the Baby?" American Academy of Matrimonial Lawyers (AAML) Webinar Presenters: Elisha Roy, Esq., with Dr. Deborah Day and Dr. Justin D'Arienzo. Thursday, September 15, 2016.

"Relocation Evaluations." Jacksonville Bar Association Family Law Seminar 2016, September 15, 2016.

"The Other Story of Domestic Violence. Abusive Women and the Men That Love Them." Lunch-N-Learn seminar for family lawyers CLE event in Jacksonville, Florida. April, 12, 2016.

"Myers-Briggs Team Building Seminar." Teachers and Staff, San Jose Episcopal Day School, June 1, 2016.

"Domestic Violence, Elder Abuse and Child Abuse in Mediation." Jacksonville Bar Association, Mediation CLE Event, May 2014

"Building Your Litigation Team" Panel for the Jacksonville Bar Association, May 2014

"Love 3, Marriage Workshop." San Juan Del Rio Catholic Church, July 2013.

"Domestic Violence and Male Abuse in Mediation." Jacksonville Bar Association, Mediation CLE Event, June 2012.

"Domestic Violence and Mediation." Jacksonville Bar Association, Mediation CLE Event, June 2011.

"Motivational Interviewing and Trauma Informed Care." Lakeview Hospital, Florida, February 2011.

"Domestic Violence in the Military." Jacksonville Bar Association, Mediation CLE Event, May 2010.

"Adventures of a Navy Psychologist." Presented 25 times to various Rotary Clubs in Jacksonville and Ponte Vedra, Florida from 2009 to 2010.

"Team Building Workshop." Ready 4 Work, Jacksonville, Florida, June 2009.

"Resiliency and Hardiness Training." Presented three times aboard USS KITTY HAWK (2007-2008).

"Redeployment Integration." Televised to all personnel aboard the USS KITTY HAWK (2007).

"Health Prevention." Televised to all personnel on the USS KITTY HAWK (2007).

“Behavior Modification 101.” Presented five times to Medical Staff, Camp Commanders, and Detainee Guard Staff at GTMO, Cuba (2005-2006)

“Borderline Personality Disorder” presented to Family Practice Residents at Pensacola Navy Hospital, Pensacola FL (2005).

“Narcissistic Personality Disorder” presented to Family Practice Residents at Pensacola Navy Hospital, Pensacola FL (2005).

“Suicide Awareness” Presented topic four times at orientation seminars at Naval Medical Center Portsmouth, VA (2004).

“Motivational Interviewing” Presentation conducted to train Miami VA Mental Health Department’s psychiatrists and psychologists in the foundations of motivational interviewing (2002).

“Substance Abuse and College Students”. Presentation was conducted to train Resident Advisors from Nova Southeastern University and Florida Atlantic University during summer training in 2001.

“Stress Management”. Presentation provided master and doctoral level students living on campus at Nova Southeastern University in November 2001 with information concerning their reaction to stress, as well as relaxation techniques to modulate stress in their lives.

Poster presented at the Association for Advancement of Behavior Therapy Annual Convention, New Orleans, LA, November, 2000. The Internet: Assessing the Evidential Basis for Alcohol Abuse Intervention Websites.

Poster presented at the Southeastern Psychological Associations Annual Convention, Mobile, AL, 1998. Sensation-seeking, Advertising, and Persuasion.

Teaching Experience:

Central Texas College

- Associate Psychology Professor, 2007 to 2008
- Instructed 12 sections of General Psychology

Nova Southeastern University

- Doctoral Level Teaching Assistant-Integrated Report, NSU, Fall 2002
- Instructed lessons regarding MMPI-2, BAI, BDI-II, BHS, SCID-II, Folstein Mini Mental Health Exam, OPQ, Meyers-Briggs, and psychological assessment writing

University of North Florida, Honors Program

- Teacher Assistant/Mentor for undergraduate honors program
- Teacher Assistant in Applied Research, 1996
- Teacher Assistant in Service Learning, 1997

Honors and Awards:

30 Fastest Growing Businesses Owned by JMI Alumni, Jim Moran Institute For Global Entrepreneurship
 Fast 50, Top Companies by Percentage Growth, Jacksonville Business Journal, 2020
 Best of Jacksonville (Florida) Award, Psychologist, 2019 and 2020
 40 Under 40 Awardee, Jacksonville Business Journal, 2012
 Navy and Marine Corps Commendation Medal, 2008
 Overseas Service Medal, 2007
 Navy and Marine Corps Commendation Medal, 2006
 Sea Service Medal, 2006
 Joint Task Force Commendation Medal, 2005
 Meritorious Unit Commendation Medal, 2005
 Global War on Terrorism Expeditionary Medal, 2005
 Meritorious Unit Commendation Medal, 2005
 Global War on Terrorism Service Medal, 2005
 Navy and Marine Corps Achievement Medal, 2005
 Graduated Doctoral program, Summa Cum Laude, 2004.
 Small Arms Marksman, 2004
 Rifle Marksman, 2004
 National Defense Medal, 2003
 NSU Student/Employee of the year, Women's Resource Institute, 2001
 Baccalaureate of Arts with Summa Cum Laude, 1997
 Dean's List, University of North Florida, 1995-1997
 Honors in the Major (UNF)

Honor Societies:

Psi Chi, National Honor Society in Psychology, past member
 Phi Kappa Phi, National Honor Society, past member

Special Media Appearances:

Featured Psychologist on Discovery Channel's Shark Week, 2026
 Featured Psychologist on Tamron Hall Show, 2025
 Featured Psychologist in AZ Animals Encyclopedia about arachnophobia and galeophobia, 2025
 Featured Psychologist, News Nation, Workplace Burnout, 2024
 Featured Psychologist on Fox News, Fox Business, News Nation, Sky News Australia and Sky News Dubai, and Great Britain News, OceanGate Missing Titanic submarine, 2023
 Featured Psychologist on Discovery ID Show, Twisted Sisters, 2019
 Featured Psychologist on T.D. Jakes Show, Digital Kidnapping and Internet Safety, 2016
 Featured Psychologist on The Buzz, Psychological Health, 2016
 Featured Psychologist on Killer Kids, The Lifetime Network, 2013
 Featured Psychologist on My Strange Addiction, The Learning Channel, 2012
 Featured in Florida Doctor Magazine, 2009
 Featured in The Monitor Magazine, American Psychological Association, 2007

Continuing Educational Credits beginning in 2008 to 2026:

Fall 2025: Professional Issues and Practice Management. MS Program in Clinical Psychopharmacology, Farleigh Dickinson University (FDU) (3 MS Graduate College Credit Hours/21 CEUs)

Fall 2025: PSYC 7930 Clinical Pharmacology. MS Program in Clinical Psychopharmacology, Farleigh Dickinson University (FDU) (3 MS Graduate College Credit Hours/21 CEUs)

Summer 2025: PSYC 7955, Treatment and Issues Clinical Psychopharmacology: Other Disorders. MS Program in Clinical Psychopharmacology, Farleigh Dickinson University (FDU) (3 MS Graduate College Credit Hours/21 CEUs)

Summer 2025: PSY 7950, Treatment and Issues Clinical Psychopharmacology: Anxiety Disorders. MS Program in Clinical Psychopharmacology, Farleigh Dickinson University (FDU) (3 MS Graduate College Credit Hours/21 CEUs)

Spring, 2025: PSY 7945, Treatment and Issues Clinical Psychopharmacology: Psychotic Disorders. MS Program in Clinical Psychopharmacology, Farleigh Dickinson University (FDU) (3 MS Graduate College Credit Hours/21 CEUs)

March 31, 2025: Stahl's Essential Psychopharmacology, Chapter 5d: Medications Used to Treat Psychosis: Pharmacological and Clinical Profiles (AMA PRA 1.0 Credit).

March 31, 2025: Stahl's Essential Psychopharmacology, Chapter 5c: Secondary Properties of Medications Used to Treat Psychosis: Linking Pharmacological and Clinical Properties (AMA PRA 1.0 Credit).

March 24, 2025: Stahl's Essential Psychopharmacology, Chapter 5b: Therapeutic Mechanisms for Psychosis: 5HT_{2A}, 5HT_{1A}, and D₂ Partial Agonism (AMA PRA 1.0 Credit).

March 24, 2025: Stahl's Essential Psychopharmacology, Chapter 5a: Therapeutic Mechanisms for Psychosis: Dopamine 2 Antagonism (AMA PRA 1.0 Credit).

March 16, 2025: Stahl's Essential Psychopharmacology, Chapter 4c: Psychosis, Schizophrenia, and the Neurotransmitter Network Serotonin (AMA PRA 1.0 Credit).

March 16, 2025: Stahl's Essential Psychopharmacology, Chapter 4b: Psychosis, Schizophrenia, and the Neurotransmitter Network Glutamate (AMA PRA 1.0 Credit).

March 16, 2025: Stahl's Essential Psychopharmacology, Chapter 4a: Psychosis, Schizophrenia, and the Neurotransmitter Network Dopamine (AMA PRA 1.0 Credit)

March 1, 2025: A Practical Guide to Providing Telepsychology with Minimal Risks, National Register of Health Service Psychologists (3.0 CE Credits)

February 23, 2025: Stahl's Essential Psychopharmacology, Chapter 7d. Treatments for Bipolar Spectrum Disorders. Neuroscience Education Institute (AMA PRA 1.0 Credit)

February 11, 2025: Stahl's Essential Psychopharmacology, Stahl's Essential Psychopharmacology, Chapter 7c. Unipolar Depression: Treatment Resistance and Future Treatments. Neuroscience Education Institute (AMA PRA 1.0 Credit)

January 30, 2025: Stahl's Essential Psychopharmacology, Stahl's Essential Psychopharmacology, Chapter 7b. Treatments for Unipolar Depression: Beyond Monoamine Reuptake. Neuroscience Education Institute (AMA PRA 1.0 Credit)

January 29, 2025: Stahl's Essential Psychopharmacology, Stahl's Essential Psychopharmacology, Chapter 7a. Treatments for Unipolar Depression: Monoamine Reuptake. Neuroscience Education Institute (AMA PRA 1.0 Credit)

January 23, 2025: Stahl's Essential Psychopharmacology, Stahl's Essential Psychopharmacology, Chapter 6b: Mood Disorders: Overview and Neurobiology. Neuroscience Education Institute (AMA PRA 1.0 Credit)

January 23, 2025: Stahl's Essential Psychopharmacology, Stahl's Essential Psychopharmacology, Chapter 6a. Mood Disorders: Key Neurotransmitter Networks. Neuroscience Education Institute (AMA PRA 1.0 Credit)

January 22, 2025: Stahl's Essential Psychopharmacology, Chapter 3: Ion Channels as Targets of Psychopharmacological Drug Action. Neuroscience Education Institute (AMA PRA 1.0 Credit)

January 22, 2025: Stahl's Essential Psychopharmacology, Chapter 2: Transporters, Receptors and Enzymes as Targets of Psychopharmacological Drug Action. Neuroscience Education Institute (AMA PRA 5.0 Credit)

January 21, 2025: Stahl's Essential Psychopharmacology, Chapter 1: Chemical Neurotransmission. Neuroscience Education Institute (AMA PRA 1.0 Credit)

December 7, 2024: Florida Legislative Affairs Training, Florida Psychological Association (1.0 FL Laws and Rules)

January 20, 2025 to March 12, 2024: PSYC 7940 Affective Disorders, MS Program in Clinical Psychopharmacology, Farleigh Dickinson University (FDU) (3 MS Graduate College Credit Hours/21 CEUs)

December 7, 2024: Florida Psychological Association Leadership Training, Florida Psychological Association (11.5 CE Credits - General)

November 20, 2024: Training in Identification and Reporting of Child Abuse and Maltreatment, Impact NY CE - 10745 (NYS Mandated Course)

October 24, 2024-December 14, 2024: PSYC 7915 Biological Foundations of Psychopharmacological Practice II, MS Program in Clinical Psychopharmacology, Farleigh Dickinson University (FDU) (3 MS Graduate College Credit Hours/21 CEUs)

September 2, 2024-October 23, 2024: PSYC 7910 Biological Foundations of Psychopharmacological Practice I, MS Program in Clinical Psychopharmacology, Farleigh Dickinson University (FDU) (3 MS Graduate College Credit Hours/21 CEUs)

September 2, 2024: POST Psychological Screening Dimensions in Pre-Employment Psychological Evaluations, American Academy of Forensic Psychology, Concept/Palo Alto University (4.0)

March 14, 2024 – May 5, 2024: PSYC 7925 Neuropharmacology, MS Program in Clinical Psychopharmacology, FDU (3 MS Graduate College Credit Hours/21 CEUs)

January 21, 2024 – March 13, 2024: PSYC 7920 Neuroscience, MS Program in Clinical Psychopharmacology, FDU (3 MS Graduate Credit Hours/21 CEUs)

February 7, 2024: Texas Human Trafficking Resource Center HEART Training, Texas Department of State Health Services (1.5)

February 7, 2024: Culture and the Psychosocial Implications of Socioeconomic Position Part 2: Social Construction in Assessment and Treatment E9512, CE4Less (5.0)

February 7, 2024: Culture and the Psychosocial Implications of Socioeconomic Position Part 1: Culture and Social Determinants of Health E248, CE4Less (4.0)

February 6, 2024: Ethics and Boundary Issues, E90971, CE4Less (5.0)

January 19, 2024: Telepsychology: Psychology in the Modern Age, AATBS (2.0)

January 18, 2024: Managing High Risk Patients Through Teletherapy, AATBS (1.0)

September 23, 2023: From Margin to Center: Intimate Partner Violence in Diverse Communities, Florida Psychological Association, (2.0)

September 23, 2023: Medical Errors: Increasing Patient Safety in Different Populations, Florida Psychological Association, (2.0)

September 23, 2023: Current Issues in Laws, Rules, and Ethics in Psychology. Florida Psychological Association, (1.5)

September 22, 2023: Addressing the Landscape of Legislative, Equity-Related and Other Barriers to Practice Care. Florida Psychological Association, (1.5)

September 22, 2023: How Psychologists Can Discuss Medication Treatment with Patients to Improve Engagement in Psychiatric Treatment. Florida Psychological Association, (2.0)

September 22, 2023: A Vision for the Future of APA and Psychology. Florida Psychological Association, (1.0)

September 22, 2023: The Future is Now: How Digital Therapeutics Could Address the Mental Health Crisis (2)

July 15, 2023: HCR-20-V3 Overview (3.0) Concept, Palo Alto University, American Academy of Forensic Psychology (3.0)

February 5, 2023: Sexual Offender Case Study--State of the Science in the 21st Century. American Academy of Forensic Psychology (4.0)

February 4, 2023: Sexual Offender Risk Assessment--State of the Science in the 21st Century. American Academy of Forensic Psychology (7.0)

February 3, 2023: Evaluation of Competence to Stand Trial. American Academy of Forensic Psychology (7.0)

February 2, 2023: Assessing Allegations of Trauma in Forensic Contexts. American Academy of Forensic Psychology (7.0)

February 1, 2023: Comprehensive Evaluation of Malingering and Related-Response Styles. American Academy of Forensic Psychology (7.0)

November 13, 2022: Evaluation of Police Candidate Suitability, American Academy of Forensic Psychology, (3.0)

August 24, 2022: The Specialty of Police and Public Safety Psychology: A Passion for Public Service, American Academy of Forensic Psychology, (1.0)

August 4, 2022: Mediator Ethics: MEAC Overview 2021 Florida Dispute Resolution Center (10/2021), (1.0)

August 4, 2022: Neurotrauma of DV and Substance Disorders: Women in Drug Court, A Multi Disciplinary Webinar, Dr. James E. Lewis, Brain Injury Project (January 2022), (1.8)

August 3, 2022: Mediator Ethics: We Are Headed to a Disciplinary Hearing Florida Dispute Resolution Center, Conference Ethics Plenary (August 2017), (1.2)

August 3, 2022: Ensuring Self-Determination Mediation: Ethical, Effective Practices, (1.2)

August 2, 2022: Presumptive ADR and Court Systems of the Future. Benjamin N. Cardozo School of Law October 2020. Introduction and six panels, (7.75)

July 31, 2022: Crossroads of Mediator Ethics & Interpersonal Violence (IPV), Florida Dispute Resolution Center, April 2022 (1)

July 18, 2022: Malingering in Forensic Evaluations, American Academy of Forensic Psychology, (4.0)

May 22, 2022: Collaborative Law and Mediation in Family Law. Panelists: The Hon. Russell Healey; Ned Price; Dr. Justin D'Arienzo Moderator: Heather Quick, Jacksonville Bar Association, (1.0)

April 30, 2022: Co-Parenting After Separation, Colibri Healthcare, LLC, (3.0)

April 29, 2022: Obsessive Compulsive Disorder: Signs, Symptoms, and Treatment, 2nd Edition, Colibri Healthcare, LLC, (4.0)

April 29, 2022: Substance Use Disorders: Assessment & Treatment, 1st Edition, Colibri Healthcare, LLC, (5.0)

April 29, 2022: Youth Suicide, Updated 1st Edition, Colibri Healthcare, LLC, (4.0)

April 27, 2022: Integrative and Comprehensive Trauma Treatment, 2nd Edition, Colibri Healthcare, LLC (7.0)

April 3, 2022: Intimate Partner Violence: Recognition and Intervention, 2nd Edition, Colibri Healthcare, LLC, (3.0)

April 3, 2022: Clinical Psychopharmacology, A Primer, Colibri Healthcare, LLC, (3.0)

March 31, 2022: Ethics For Florida Psychologists, Colibri Healthcare, LLC, (3.0)

March 31, 2022: Preventing Medical Errors for Psychologists, Colibri Healthcare, LLC (2.0)

March 31, 2022: Promoting Mental Health in Schools, Colibri Healthcare, LLC (4.0)

March 19, 2021: Sports Psychology: How Psychologists Work With Athletes, Coaches, and Parents, Florida Psychological Association, (2.0)

April 27, 2020: Telemental Health: An Alternative to Traditional Psychotherapy, Elite Professional Education, LLC (3.0)

April 23, 2020: Intimate Partner Violence: Recognition and Intervention, 2nd Edition, Elite Professional Education, LLC (3.0)

April 23, 2020: Laws and Ethics of Florida Psychologists, Elite Professional Education, LLC (3.0)

April 23, 2020: Preventing Medical Errors for Psychologists, Elite Professional Education, LLC (2.0)

April 22, 2020: Mindfulness-Based Cognitive Therapy (MBCT) Certificate Course, Richard Sears, Psy.D., Ph.D., MBA, ABPP (12.6).

March 12, 2019: Cognitive Behavioral Therapy Certificate Course 3-Day Intensive Training, John Ludgate, Ph.D. (19.0)

March 22, 2018, Preventing Medical Errors for Psychologists (2.0)

March 22, 2018, Suicide Assessment and Prevention for Health Professionals (6.0)

March 22, 2018, Industrial/Organizational Psychology (10.0)

March 22, 2018, HIV and Mental Health (7.0)

March 22, 2018, Elements of Social Psychology (10.0)

March 22, 2018, Laws and Ethics for Florida Psychologists (2.0)

March 22, 2018, Domestic Violence (2.0)

December 24, 2017, Benefits of Integration, Insight on Flooding and Dealing with Resistance with Couples in Therapy (Gottman's HS 095748) (1.30)

December 24, 2017, Storytelling, Life's Deeper Meaning and Dream-Within-Conflict Strategies to use with Couples in Therapy (Gottman's HS 095748) (1.0)

December, 24, 2017, Healing After an Affair (Gottman's HS 095749) (1.90)

November, 26, 2017, Infidelity (Gottman's HS 095749) (1.30)

June 19, 2017, Making Relationships Work, PESI, Inc. (1.75)

August 3, 2016, Domestic Violence, Elite Professional Education, LLC (2.0)

April 7, 2016, Ethics for Florida Psychologists, Elite Professional Education, LLC (3.0)

April 7, 2016, Preventing Medical Errors for Psychologists, Elite Professional Education, LLC (2.0)

October 30, 2015, Forensic and Correctional Applications of the Personality Assessment Inventory (PAI), American Academy of Forensic Psychology (7.0)

October 29, 2015, Custody Evaluations: Advanced Topics, American Academy of Forensic Psychology (7.0)

October 28, 2015, Custody Evaluations: The Essentials, American Academy of Forensic Psychology (7.0)

November 14-15, 2014, Emotionally Focused Therapy Training, National Marriage Seminars (11.50)

September 4-6, 2014, Florida Forensic Examiner Training, Miami-Dade AHEC, Inc. (22.50)

May 13, 2014, Effects Of Marriage On Health: A Synthesis Of Research (4 CE), AATBS (4.0)

May 13, 2014, Effects of Parenthood on Marriage, AATBS (6.0)

May 11, 2014, Parental Alienation Syndrome and Parental Alienation, AATBS (1.0)

May 4, 2014, Florida Psychology CE Requirements: Combo-Pack with Domestic Violence One, Program Services (7.0)

February 21, 2014, Equal Time-Sharing: Is it Presumptively Best? FLAFCC Forum Examining Both Sides of the Issue, Dr. Carol L. Clark (6.0)

November 25, 2013, The Couples Conference: Attachment, Differentiation & Neuroscience in Couples Therapy, CMI Education Institute, Inc. (17.0)

May 15, 2012, Florida Psychology CE Requirements: Combo-Pack with Domestic Violence One, Program Services (7.0)

March 15, 2012, Level 1-Bridging the Couple Chasm: Gottman Method Couples Therapy, CMI Education Institute, Inc. (11.0)

December 29, 2011, Counseling for Couples: Understanding and Improving Love Relationships, Cross Country Education (6.0)

December 29, 2011, Positive Parenting with a Plan: How to Empower Parents with Challenging Children and Adolescents, Cross Country Education (6.0)

November 7, 2010, Expert Testimony and Report Writing, American Academy of Forensic Psychology (7.0)

November 6, 2010, Managing Violence Risk, American Academy of Forensic Psychology (7.0)

November 5, 2010, The MMPI-2-RF: An Advanced Workshop for Forensic Psychologists, American Academy of Forensic Psychology (7.0)

November 4, 2010, MMPI-2-RF (Restructured Form): An Introduction for Forensic Psychologists, American Academy of Forensic Psychology (7.0)

November 3, 2010, Advanced Topics in Criminal Forensic Evaluation, American Academy of Forensic Psychology (7.0)

May 21, 2010, Florida Psychology CE Requirements: Combo-Pack for License Renewal (Medical Errors, Professional Ethics and Laws and Rules of the Board), Program Services (5.0)

March 28, 2010, Advanced Child Custody Issues, American Academy of Forensic Psychology (7.0)

March 27, 2010, Introduction to Child Custody & Parenting Evaluations, American Academy of Forensic Psychology (7.0)

February 11-14, 2010, EEG Biofeedback Comprehensive Training Course, Harold Burke, Ph.D. (36.0)

October 11, 2009, Taking Psychology Practice Back (General Session), John Caccavale, Ph.D., M.S. (2.0)

October 11, 2009, Developing a Successful Forensic Practice, David Clayman, Ph.D. (4.0)

October 10, 2009, Where We Are and Where We Need to Go. (Keynote Address) , Dr. Nicholas Cummings (2.0)

October 10, 2009, Medical Psychology. And Behavioral Health Part II, James Howard Rubin, Ph.D., M.D. et. al (2.0)

October 10, 2009, Integrating Neurofeedback into Behavioral Health, Harold Burke, Ph.D. (2.0)

August 27-29, 2009, Parenting Coordination Training, Deborah Sutherland, Ph.D. (20.0)

April 27, 2009, Play Therapy and Beyond: Treatment Techniques and Strategies, Jeannine Staudt, Greg D. Greene (6.0)

April 15, 2009, Nebraska Mental Health Centers, P.C.: Custody Evaluations, Matthew B.R. Nessetti, Ph.D., ABMP (10.0)

March 31, 2009, "Serving Those Who Have Served" Working with Service Members and Military Families: Assessment and Treatment of Deployment Stress Responses- Part II, Charles V. Kerekes, LMFT, LMHC, CAP, Barbara D. Bishop, EdD, LMHC (7.2)

June 13, 2008, Nebraska Mental Health Centers, P.C.: Conducting and Writing Neuropsychological Evaluations, Matthew B.R. Nessetti, Ph.D., AMBP (10.0)

September 24, 2008, Continuing Education Program at Brooks Rehabilitation Hospital, William Perlstein, Ph.D. (1.5)

June 5, 2008, Mastering Medical Terminology for Psychologists, John Caccavale, Ph.D., M.S. (10.0)

January 31, 2008, Florida Psychology CE Requirements: Combo-Pack with Domestic Violence, Program Services (7.0)