

## Practitioner Focus

### Dr. Justin D'Arienzo



**Lt. Justin A. D'Arienzo, Psy.D.**, is the ship's psychologist aboard the aircraft carrier USS Kitty Hawk (CV63), which operates from Yokosuka, Japan. As the Kitty Hawk Carrier Strike Group's sole licensed mental health provider he manages behavioral health care and outreach for up to 12,000 service members and civilian contractors assigned to

multiple warships, submarines, and air squadrons. He composes a weekly psychology column entitled *Mind Games* for U.S. military newspapers in Japan. He is writing two chapters for a book entitled *101 Interventions in Group Therapy*.

D'Arienzo has had multiple highlights in his brief Naval career of four years to include an internship at Naval Medical Center Portsmouth, Va., and positions as the Division Officer of the Mental Health Department, Naval Hospital Pensacola, Fla., and Head of the Behavioral Health Unit at the Naval Air Technical Training Center, Pensacola, Fla. In 2005 LT D'Arienzo deployed to Guantanamo Bay, Cuba, as Director of Psychology Services, Joint Task Force Guantanamo, and provided behavioral health care to more than 500 War on Terrorism detainees.

He is a licensed psychologist in Florida and Alabama. His long term professional goals include completing psychopharmacology training and establishing a thriving private practice after his military service career. He is currently working toward

board certification as an ABPP candidate and is scheduled to attend Levels 1 and 2 EMDR training in March. He recommends that impassioned psychologists and those in training who are interested in adventure, excitement, leadership opportunities, travel, unique job assignments, and a high speed professional career, should consider joining the Navy or one of her sister services. "It's been an honor and a privilege serving my country as a Navy psychologist; the opportunities and rewards are endless." D'Arienzo said.

**Practitioners are found everywhere. Even some university and research faculty retain their practitioner identity..**

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Dr. Chaifetz, a licensed neuropsychologist, is a magna cum laude graduate of Saint Louis University

and received his Psy.D. from the Illinois School of Professional Psychology. Proof of the success of the professional school movement and the value of innovative practice niches, Chaifetz serves on the board of directors of major corporations

and business schools and is a member of the Economic Club of Chicago and the Executives Club of Chicago (see <http://www.slu.edu/x13970.xml>).

When Richard Chaifetz was a freshman at St. Louis University in 1971, he was summoned to the bursar's office and told he was two months behind on his tuition and unless he paid, he would have to leave school.

Chaifetz (pronounced SHAY-fetz) told the school he had no way to pay. He asked what he could do and

was told his only hope was to talk to Father Paul Reinart, the president of the university. "I assured him," Chaifetz said Wednesday, "that not only would I pay my tuition, but if he allowed me to stay, since I was a good student and my education meant so much to me, I would pay back the university in some fashion because I knew I would be successful in life. He looked at me and after a few minutes, he said, 'Rich, I believe in you, take as long as you want to pay your tuition. I know you'll make good on it.' "

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